

SMAT Summer Menu April – October 2024

08/04/24, 22/04/24, 06/05/24, 20/05/24, 10/06/24, 24/06/24, 08/07/24, 02/09/24, 16/06/24, 30/09/24, 14/10/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Southern Style Chicken Goujons	Pasta Bolognese	Roast Chicken Fillet	All Day Breakfast (Bacon, Sausage, Egg Omelette, ½ Bread Slice)	Fish Stars or Salmon Fishcake
Vegetarian Option	Vegan Dippers	Southern Style Burger	Quorn Fillet	Breakfast Omelette	Cheese and Tomato Pasta Bake
Side Dish	Potato Wedges	Potato Waffles	Mashed Potatoes	Hash Brown	Chips
Accompaniments	Carrots Garden Peas Tomato Sauce	Sweetcorn Garden Peas	Cauliflower Florets Broccoli Florets Gravy	Baked Beans Tomatoes	Garden Peas Carrots Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Ice Cream with a Fruit Sauce	Homemade School Cake and custard	Fruit Flapjack	Chocolate Muffin	Fruit in Jelly
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings
Sandwich Option	Cold Sandwich Selection (Ham, Cheese, Tuna Mayo)	Cold Wrap Selection (Ham, Cheese, Tuna Mayo)	Hot Roast Sandwich With Roast Potato and Salad	Cold Sandwich Selection (Ham, Cheese, Tuna Mayo)	Cold Wrap Selection (Ham, Cheese, Tuna Mayo)

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Margherita or Pepperoni Pizza Slice	Sausage Roll	Roast Chicken Fillet	Oven Baked Pork Sausage	Fish Fingers or Salmon Fishcake
Vegetarian Option	Vegetarian Meatballs	Mac 'n' Cheese	Quorn Fillet	Vegetarian Sausage	Quorn Dipper Wrap with Salad (Fajita)
Side Dish	Potato Wedges	Potato Waffles	Mashed Potatoes	Mashed Potatoes	Chips
Accompaniments	Carrots Garden Peas	Beans Coleslaw	Broccoli Florets Sweetcorn Gravy	Cauliflower Florets Savoy Cabbage Gravy	Garden Peas Carrots Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Ice Cream and Peach Melba Sauce	Chocolate Sponge and Custard	Doughnuts and Fruit Wedge	Fruit Muffin	Fruit in Jelly
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings
Sandwich Option	Cold Sandwich Selection (Ham, Cheese, Tuna Mayo)	Cold Wrap Selection (Ham, Cheese, Tuna Mayo)	Hot Roast Sandwich with Roast Potatoes and Salad	Cold Sandwich Selection (Ham, Cheese, Tuna Mayo)	Cold Wrap Selection (Ham, Cheese, Tuna Mayo)

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