



SMAT Summer Menu April – September 2023

17/04/23, 02/05/23, 15/05/23, 12/06/23, 26/06/23, 10/07/23

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Battered Chicken Chunks	Spaghetti Bolognese	Roast Chicken Fillet	Big Breakfast (Bacon, sausage, hash brown, egg omelette, ½ bread slice)	Fish Stars or Salmon Fish Cakes
Vegetarian Option	Vegetarian Dippers	Southern style Burger in Wholemeal Bread roll	Quorn Fillet	Breakfast Omelette	Homemade Cheese and Tomato Pasta Bake.
Side Dish	Skin on Wedges	Crusty Bread Potato Waffle	Yorkshire Pudding Stuffing Mashed Potato	Hash Brown	Chips Crusty Roll
Accompaniments	Carrots Garden Peas Tomato Sauce	Corn on the Cob Garden Peas	Cauliflower florets Broccoli Gravy	Baked Beans Button Mushrooms	Garden Peas Carrots Tomato Sauce
Salad Bar Selection And Bread Selection	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
Dessert	Chocolate & Orange Muffin	Homemade School Cake Custard	Fruit Yoghurt with Shortbread finger.	Assorted Ice Creams	Jam Scone
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Fruit Smoothy	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Funky Fruit Friday Fruit in Jelly
Filled Jacket Potato	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings
Sandwich Option	Cold Sandwich Selection (Ham, Cheese Tuna Mayo)	Hot Cheese and Ham Panini Or Hot Cheese and Tomato Panini	Hot Roast Sandwich served with roast potato and salad, Or Cold Cheese sandwich	Cold Sandwich Selection (Ham, Cheese Tuna Mayo)	Hot Fish Finger Sandwich served with roast potato and Salad or cold cheese sandwich

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.



SMAT Summer Menu April – September 2023

24/04/2023, 09/05/23, 22/05/23, 05/06/23, 19/06/23, 03/07/23, 17/07/23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Pizza Slice	SMAT Burger Day	Roast Turkey with Stuffing.	Oven Baked Pork Sausage	Fish Fingers or Salmon Fish Burger
Vegetarian Option	Vegetarian Meat Balls	Macaroni Cheese	Quorn Fillet	Veggie Sausage Hot Dog	Sweet and Sour Noodles
Side Dish	Skin On Wedges Rice	Roast Potatoes Crusty Bread	Mashed Potato	Yorkshire Pudding Mashed Potato	Chips Crusty Roll
Accompaniments	Baked Beans Coleslaw	Baton Carrots Garden Peas Gravy	Broccoli Sweetcorn Gravy	Cauliflower Savoy Cabbage Gravy	Garden Peas / Mushy Peas Carrots Side Salad Tomato Sauce
Salad Bar Selection And Bread Selection	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
Dessert	Homemade Fruit Muffin	Ice Cream Sundaes	Rice Pudding with Peach Melba Sauce	Homemade Cookies	Chocolate Sponge Chocolate Sauce
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yogurt	Fresh Fruit Selection Fruit Smoothy	Fresh Fruit Selection Yoghurt	Funky Fruit Fruit in Jelly
Filled Jacket Potato	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings
Sandwich Option	Cold Sandwich Selection (Ham, Cheese and Tuna Mayo)	Hot Cheese & Ham Panini or Hot Cheese and Tomato Panini	Hot Roast Sandwich Served with Roast Potatoes and salad or cold cheese sandwich	Cold Sandwich Selection (Ham, Cheese and Tuna Mayo)	Hot Fish Finger Sandwich Served with Roast Potatoes and salad or cold cheese sandwich

All meals are freshly prepared and cooked in the school kitchen. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.