



Learning Project - Sport

Age Range: Y5/6

Weekly Reading Tasks		Weekly Spelling Tasks	
Monday- Ask your child to read the sports pages of a newspaper and consider the language used. They could add interesting language to a sports' word bank.		Monday- Can your child list sport related noun phrases and verbs that correspond with each letter of the alphabet? This will support their writing tasks.	
Tuesday- Here is a reading comprehension activity about circus performers. Ask your child to read the text in under 3 minutes and complete the questions.		Tuesday- Can your child complete this word search which focuses on words ending in -cial or -tial ? Can they find the meanings of these words too?	
Wednesday- Ask your child to listen to and read along with Arundel Swimming Pool . Ask your child to summarise each verse using one word only.		Wednesday- Ask your child to create their own sporting wordsearch. This could include the names of athletes, sports or sporting equipment.	
Thursday- Encourage your child to listen to a free age-appropriate audiobook here , choose a book from Oxford Owl , Scholastic Reading Pro. (ORG: VQG7) or continue with their chapter book.		Thursday- Can your child unscramble these sporting words: queenmipt, poicmlys, tannidmob, cagminssty & pochmashpini.	
Friday- Ask your child to consider the actions of a character in a book they've recently read. Do they agree or disagree with the actions? They should verbally give reasons for their opinions and justify them using evidence from the text.		Friday- Pick 5 Common Exception words from the Year 5/6 spelling list . Challenge your child to spell them as you throw a ball to each other. Every time the ball is thrown the next letter must be said.	
Weekly Writing Tasks		Weekly White Rose Maths Tasks (click the year group for the website).	
		Year five	Year six
Monday- Visit the Literacy Shed for this wonderful resource on The Catch . Or create a short victory story about a character succeeding.		Monday- Regular and irregular polygons.	Monday- Vertically opposite angles.
Tuesday- Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'? They could present this on Word or Google Docs if they have access to a PC.		Tuesday- Reasoning about 3D shapes.	Tuesday- Angles in triangles.
Wednesday- Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order.		Wednesday- Reflection.	Wednesday- Angles in quadrilaterals.
Thursday- Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.		Thursday- Reflection.	Thursday- Angles in polygons.
Friday- Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs (e.g. will, should) and adverbs of possibility (certainly, probably).		Friday (Flashback 4)- Complete slides 6-10 of flashback four.	Friday (Flashback 4)- Complete slides 6-10 of flashback four.



Learning Project - to be done throughout the week.

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Sport Genius-** Ask your child to research about [sporting history](#) and see how many different [facts](#) they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- **Sporting Heroes-** Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist [Roy Lichtenstein](#) using felt tip pens or paint. Share their creation at @BiramClass [#Elsecarlearning](#).
- **Name that Sport -** Get your child to create an [orienteering map](#) of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteering sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- **Beat It! -** Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their [heart rate](#) back to normal the quickest. Can they create a way of showing their results?
- **Anyone Can Be a Champion! -** This activity is all about exploring the diversity of sport. Ask your child to research the history of the [Paralympics](#) . Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.
- **Participate in the Yorkshire Sports Foundation Virtual Sports day!** – Look at our website which provides you with details on how to compete against pupils in school and across the county in a fantastic Virtual Sports day. Watch the videos, complete the challenges and then fill in the form to try and win some of the amazing prizes they have on offer.

STEM Learning Opportunities #sciencefromhome

Heart Beaters

- Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here: <https://bit.ly/2RFJVRN>
- The complete resource can be downloaded here: <https://bit.ly/3a9VtTU>



Additional learning resources parents may wish to engage with!

- [BBC Bitesize](#) - Lots of videos and learning opportunities for all subjects.
- [Classroom Secrets Learning Packs](#) - Reading, writing and maths activities for different ages.
- [Twinkl](#) - Click on the link and sign up using your email address and creating a password. Use the offer code UKTWINKLHELPS.
- [Times Table Rockstars](#) and [Numbots](#). Your child can access both of these programmes with their school logins. On Times Table Rockstars, children should aim to play Soundcheck for 20 minutes daily.
- IXL online. Click here for [Year 5](#) or here for [Year 6](#). There are interactive games to play and guides for parents.
- [Mastery Mathematics Learning Packs](#). Take a look at the mastery mathematics home learning packs with a range of different activities and lessons.
- [Y5 Talk for Writing Home-school Booklets](#) and [Y6](#) are an excellent resource to support your child's speaking and listening, reading and writing skills.
- [The Body Coach](#) (Joe Wicks) is streaming a live PE lesson Monday, Wednesday and Saturday at 9am on his YouTube channel, why not get the whole family to give it a go!

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